SERVING INDIVIDUALS WITH AUTISM AND OTHER DEVELOPMENTAL DISABILITIES, BRAIN INJURY AND NEUROBEHAVIORAL DISORDERS, AND OTHER SPECIAL NEEDS ACROSS THE LIFESPAN
Founded in 1955 in the seaside village of Chatham, Massachusetts, May Institute has its roots in a family’s vision of enabling children with disabilities to lead the fullest lives possible. Today, we are among the largest, most respected and innovative nonprofit behavioral healthcare organizations in the country, with an expanding global reach.

Our values and vision drive us to understand each person’s unique needs and find the most effective means to help each individual reach his or her potential. Great strides result only from the tireless work of a caring, highly skilled staff and our constant dedication to the highest standards.

Lauren C. Solotar, Ph.D., ABPP
President and CEO
BLENDING SCIENCE WITH SERVICE

May Institute is a nonprofit organization that is a national leader in the field of applied behavior analysis, serving individuals with autism spectrum disorder and other developmental disabilities, brain injury and neurobehavioral disorders, and other special needs. Founded more than 65 years ago, we provide a wide range of exceptional educational and rehabilitative services across the lifespan.

With corporate headquarters in Randolph, Massachusetts, we operate more than 140 service locations across the country.

May Institute blends science with service to help make progress possible for thousands of children, adults, and families each year.

APPLIED BEHAVIOR ANALYSIS: EFFECTIVE AND INDIVIDUALIZED

Because each child, adult, and family we serve has unique needs, May Institute offers a wide variety of specialized services, based on the principles of applied behavior analysis, or ABA. We begin with a thorough assessment of each person’s strengths, needs, and preferences, and then develop individualized programs to help them meet their personal goals.

ABA is the application of the science of behavior analysis to socially significant problems and concerns. Over the past several decades, ABA interventions have been used to help children and adults struggling with developmental disabilities, learning disabilities, and mental health concerns.

ABA interventions have been found to be effective for increasing important skills such as communication, problem solving, and making and keeping friends as well as for reducing problem behavior such as tantrums and aggression.

According to the National Autism Center’s National Standards Report (2009, 2015), data collected through hundreds of studies indicate that behavior analytic interventions are the only treatment approach with a significant body of empirical support documenting its effectiveness.

Services vary in intensity and duration, and we deliver them in the most appropriate, natural settings, often in clients’ homes, schools, and communities. We also work closely with families and referral sources to build supports for successful transitions.

“Children and youth with ASD throughout the world receive better treatment outcomes in some part because of the leadership and research demonstrated by May Institute.”

CARF
EXCEPTIONAL SERVICES WITH A NATIONAL SCOPE

Drawing on our many established service models, May Institute continues to develop new programs to meet the needs of individuals and families across the country and to offer the most effective services available.

CONSULTATION FOR CHILDREN AND FAMILIES

For a young child with an ASD or other developmental disability, early intervention can significantly impact long-term life outcomes. May Institute offers therapeutic treatment services for children and adolescents.

Our May Centers for ABA Services focus on the needs of children and adolescents with ASD and a broad range of special needs. Through early intervention services, and home- and center-based therapy, we help families develop effective strategies and provide meaningful learning opportunities to support their child’s development in the home and community.

PARTNERING WITH SCHOOL SYSTEMS

For public schools seeking to enhance services for students with learning, cognitive, and behavioral challenges, we offer on-site and virtual consultation and professional development. As a partner to the National Technical Assistance Center on Positive Behavioral Interventions and Supports (PBIS), we also work with school systems to integrate proven behavior management techniques with pro-social skills development and academic instruction.

PRIVATE SCHOOLS AND RESIDENTIAL SERVICES

Our five May Center Schools for Autism and Developmental Disabilities are nationally recognized for combining best practices from the fields of ABA and special education. At each of our schools, students receive highly individualized behavioral, academic, and vocational programming.

Another state-of-the-art school, the May Center School for Brain Injury and Neurobehavioral Disorders, provides services to students with acquired brain injury or neurological disease. It is one of only a handful of pediatric programs in the U.S. that focus on both education and rehabilitation.

Our ASD and brain injury programs offer families the option of combining school services with on-campus or community-based residential living. We create a home-away-from-home that is safe and nurturing, where caring for and about each child is the first priority.
COMMUNITY-BASED SERVICES FOR ADULTS WITH DISABILITIES

Through our May Centers for Adult Services, individuals with autism and other developmental disabilities can access a wide range of community-based programs. These include residential group homes and supported living apartments, as well as day habilitation, vocational training, and supported employment.

A PARTIAL LIST OF SERVICES

- Special Education Schools
- Early Intervention
- Parent Education, Information, and Support
- School Consultation and Technical Assistance
- Home- and Center-based Applied Behavior Analytic Services
- School-wide Positive Behavioral Interventions and Supports (PBIS)
- Brain Injury and Neurorehabilitation Services
- Adult Day Habilitation
- Community-based Living
- Job Training, Placement, and Support
- Global Autism Services

CARF accreditation represents the highest level of compliance and is granted to organizations that exhibit substantial fulfillment of those standards established by the Commission. Accreditation of May Institute’s services results from a rigorous peer review process and the organization’s demonstration that it has achieved the highest levels of quality, measurability, and accountability.
ADVANCING INNOVATIVE CARE ON A GLOBAL SCALE

May Institute and its National Autism Center respond to national and global demand for a broad range of needs and services. These include: program evaluation and consultation; dissemination of best practices in applied behavior analysis (ABA) treatment of autism and other developmental disabilities; and evidence-based treatment in ABA.

We also offer technical assistance and training in best practices (e.g., ABA, PBIS); mentoring; technical support; and consultation regarding state-of-the-art program development and operations of schools and programs for autism.

GUIDED BY LEADING EXPERTS

“Omani officials expressed deep gratitude for this workshop as they strive to meet the demand for services for what they called ‘a tsunami’ of potential confirmed autism diagnoses.”

DANIEL DURAZO, U.S. EMBASSY, MUSCAT

Committed. Capable. Caring. These are among the shared qualities that set our staff apart.

Our services reflect the talent and expertise of our many doctoral-level staff and hundreds of highly trained professionals. We balance the human and clinical dimensions of care, instilling warmth and energy into all our services.

May Institute benefits from one of the greatest pools of expertise of any organization of its kind. Our staff and advisory board include world-renowned experts in fields ranging from autism to brain injury to applied behavior analytic interventions.

May Institute’s leadership team and program directors include licensed and, in many cases, board certified psychologists or psychiatrists. They provide ongoing supervision and offer an invaluable resource for new program development.

Every day for more than six decades, the heart of our organization has been our exceptional staff. Dedicated, talented, passionate, and driven to excel. Working as a team with shared goals, our nearly 2,000 employees include behavior analysts, teachers, counselors, and other specialists. We are committed to their professional growth and success, just as they are committed to improving the lives of the children and adults in their care.
EXECUTIVE LEADERSHIP

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Michael Tobin, CPA
Chief Financial Officer

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PROMOTING EVIDENCE-BASED PRACTICE

The National Autism Center at May Institute is dedicated to supporting effective, evidence-based treatment approaches for ASD, and to providing direction to families, practitioners, organizations, policymakers, and funders.

In 2015, the National Autism Center completed Phase 2 of its National Standards Project, and released an update to the 2009 summary of ASD intervention literature. The new report identifies 14 established interventions that produce effective outcomes for children and adolescents, and one intervention for adults. This combined effort represents the largest compilation of studies ever reviewed.

TRAINING AND RESEARCH

As an active center of training and research, May Institute maintains affiliations with more than 50 universities, hospitals, and human service agencies worldwide. We are dedicated to improving clinical understanding and creating new learning opportunities.

The consistent quality of our programs is a result of our extensive system of training and professional development for our staff. We offer lifelong learning opportunities designed to meet the needs of employees at every stage of their education and career—from those just beginning to work in the human services field, to those in pre- and post-doctoral programs, as well as senior-level staff attaining advanced licenses and credentials.

The May Center for Applied Research directs, supervises, and coordinates research activity at May Institute. This Center supports an active agenda of publication in peer-reviewed journals as well as professional presentations at national and international conferences.
CREATING LASTING IMPACT

Helping individuals and families change their lives for the better demands an uncompromising commitment to the highest standards.

Walk into any of our programs and you’ll discover the same distinctive qualities: a caring and competent staff, the use of the most effective, research-based methods, an emphasis on individual choice, and a clear focus on results.

All our programs seek to make lasting contributions to the lives of individuals. Learning a new skill is just the first step. We measure effectiveness by how well people maintain skills and apply them in everyday situations and settings.

May Institute is guided by its mission of helping individuals and families navigate the obstacles—and celebrate the successes—of the complex world of autism and other special needs. We recognize that it is a lifelong journey, and we work closely with families, teachers, employers, and other important people in an individual’s life to build supports and skills for lifelong success.

“We went from the prospects of an extremely introverted life, perhaps mostly in seclusion, perhaps requiring constant care and supervision... to a life of engagement, learning, friendship, and caring for others.”

JOLIE, MAY PARENT
May Institute also operates more than 100 community-based residential group homes and supported living apartments for children, adolescents, and adults in Massachusetts.
OUR MISSION: EXCELLENCE IN SERVICE, TRAINING, AND RESEARCH

May Institute proudly serves individuals across the lifespan with autism, developmental disabilities, intellectual disabilities, neurological disorders, and behavior disorders to promote independence, choice, dignity, and respect. We provide compassionate and caring educational, therapeutic, habilitative, and consulting services grounded in evidence-based practice.

May Institute is committed to excellence in specialized services through training, research, and the highest level of professional expertise to meet the broad range of needs in individuals, families, schools, and communities.