

# IN-HOME BEHAVIORAL SERVICES

PROVIDING TRAINING AND SUPPORT TO FAMILIES WITH CHILDREN WHO ENGAGE IN CHALLENGING BEHAVIORS

**THIS COMMUNITY-BASED PROGRAM PROVIDES SUPPORT TO FAMILIES WITH CHILDREN WHO ENGAGE IN CHALLENGING BEHAVIORS THAT INTERFERE WITH EVERYDAY LIFE. IN ORDER FOR FAMILIES TO QUALIFY FOR SERVICES, THEIR YOUTH MUST BE UNDER THE AGE OF 21 AND ENROLLED IN MASSHEALTH STANDARD AND COMMON HEALTH.**

Through May Institute's In-Home Behavioral Services program, families are provided with individualized interventions designed to manage their youth's behavior. They also receive coaching and support on how to implement these interventions.

## OVERVIEW OF SERVICES

Services are based on applied behavior analysis (ABA) and provided by May Institute therapists skilled in understanding and treating challenging behaviors.

In-Home Behavioral Services include:

- A Functional Behavior Assessment (FBA) for the youth
- An individualized Behavior Support Plan (BSP)
- Coaching and support for the youth's family to implement the BSP
- Monitoring of the BSP to determine its effectiveness
- Coordination with other providers

## PROGRAM STRUCTURE

The goal of In-Home Behavioral Services is to train parents, caregivers, and family members to implement strategies that will help them prevent and manage their youth's problem behaviors at home and in the community.

During the assessment period, clinicians will spend time talking with family members and other people who know the youth well. During these interviews, the clinician will ask questions about the youth's strengths, family history, behaviors, and interventions that have been tried in the past. Clinicians will also spend some time observing the youth and collecting data about behaviors. The clinician will develop a written report and a behavior plan within 28 days. The clinician works with each individual family to develop strategies that will be effective at reducing challenging behavior and be a good fit for that family.

## FREQUENTLY ASKED QUESTIONS

### HOW CAN A FAMILY PREPARE FOR SERVICES?

Families should consider the intensity of In-Home Behavioral Services and prepare to have individuals in their home frequently during the initial assessment and implementation of the plan. Families are expected to be active participants and implement the plan with support from the behavioral therapist. Families will be asked to collect data so the success of the plan can be monitored and evaluated.



May Institute offers a wide variety of services designed to meet the needs of children and their families with autism and other special needs. From early intervention, specialty services, and home-based programs, to support for students in the classroom, we can make a profound difference in your child's life.

#### HOW ARE IN-HOME BEHAVIORAL SERVICES DIFFERENT FROM DISCRETE TRIAL TRAINING?

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#### IN-HOME BEHAVIORAL HEALTH SERVICES

Serving Boston Metro, North Shore, South Shore, and Fall River communities

#### REFERRALS AND INFORMATION

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**MayInstitute**  
SHAPING FUTURES. CHANGING LIVES.

*May Institute is a national leader in the field of applied behavior analysis, proudly serving autistic individuals and individuals with other developmental disabilities, brain injury and neurobehavioral disorders, and other special needs.*

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