

## Quality of Life Screening Tool Residential / Day Services (circle one)

Individual's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Interviewer: \_\_\_\_\_

	Independent	Verbal cues	Physical Partial cues	Willing requires full assistance	Refusal Not at all	NA
<b>Communication</b>						
1. Communicates basic needs: hungry, tired, needs help	4	3	2	1	0	
2. Has a mode of communication: sign, gesture, vocal	4	3	2	1	0	
3. Can pick a preferred item from 2	4	3	2	1	0	
4. Can be understood by others	4	3	2	1	0	
5. Can express pleasure or displeasure (enjoys/dislikes activity)	4	3	2	1	0	
<b>Community Participation</b>						
6. Participates in community activities 2 or more times per week (stores, restaurants, sports, clubs, transportation)	4	3	2	1	0	
7. Volunteers in the community	4	3	2	1	0	
8. Has a paying job outside of the home/day program	4	3	2	1	0	
9. Has access to nature and participates in outdoor activities (hiking, walking, swimming, picnics, etc)	4	3	2	1	0	
<b>Health</b>						
10. Completes self-care tasks (dressing, bathing, brushes teeth, eating, toilet)	4	3	2	1	0	
11. Indicates pain or discomfort (headache, hunger/thirst, too hot/cold)	4	3	2	1	0	
12. Eats a balanced and nutritious diet	4	3	2	1	0	
13. Follows a nighttime sleep routine and gets adequate rest	4	3	2	1	0	
14. Participates in cardio exercise 3 times a week	4	3	2	1	0	
15. Participates in strength exercise 3 times a week	4	3	2	1	0	
<b>Safety</b>						
16. Identifies and avoids environmental dangers (traffic, sharp objects, toxic substances)	4	3	2	1	0	
17. Identifies and avoids dangers with people (strangers, unsolicited or inappropriate sexual contact)	4	3	2	1	0	
<b>Self-Advocacy</b>						
18. Understands and advocates for personal rights	4	3	2	1	0	
19. Participates in decision making, sets personal goals	4	3	2	1	0	
20. Communicates health needs (to staff and health professionals)	4	3	2	1	0	

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<b>Social</b>						
21. Has friends or relationships (other than family or paid caregivers) in or out of the program	4	3	2	1	0	
22. Engages in sustained exchanges (takes turns, conversations)	4	3	2	1	0	
23. Has opportunities to interact with peers	4	3	2	1	0	
24. Has relationships with a variety of individuals in the program	4	3	2	1	0	
<b>Spirituality</b>						
25. Has access to religious/spiritual services	4	3	2	1	0	
26. Has people to talk to about their religion/spiritual practices	4	3	2	1	0	
27. Has opportunity to practice their religion/spiritual at home or in program listen to services, read the bible, say prayers	4	3	2	1	0	
<b>Finances</b>						
Is able to budget their own money	4	3	2	1	0	
Is able to purchase items in a store using money	4	3	2	1	0	
Is able to plan ahead for items to be purchased	4	3	2	1	0	
Is able to do some finances planning	4	3	2	1	0	
<b>Environment home/work/day program</b>						
Has a clean environment	4	3	2	1	0	
Has an organized environment	4	3	2	1	0	
Is helpful in managing the environment	4	3	2	1	0	
The environment gives access to communication and other adaptable equipment	4	3	2	1	0	
The environment is Accessible	4	3	2	1	0	
<b>Leisure</b>						
Has a hobby	4	3	2	1	0	
Has access to activities they like	4	3	2	1	0	
Can make a choice of an activity	4	3	2	1	0	
Can initiate what they want to do	4	3	2	1	0	
<b>Growth &amp; Development</b>						
28. Sets a personal goal and is able to work towards its completion (learn a new skill, plan an experience)	4	3	2	1	0	
29. Has opportunities to participate in learning activities	4	3	2	1	0	
30. Has a choice of what they want to learn	4	3	2	1	0	
<b>Grand Total</b>						